## "Infopack for EVS "3rd time" volunteers

## **NGO CREATIVITAS**

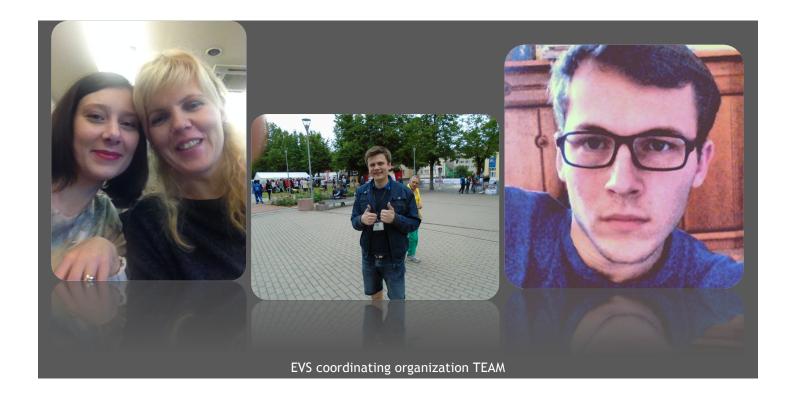
EVS coordinating organization

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# PRACTICAL INFORMATION KIT FOR EVS VOLUNTEERS





## Alina



She is director of NGO Creativitas, project manager, trainer, councilor of Erasmus + youth program, expert in application assessment, accreditor on hosting EVS organizations, college lecturer. 13 years working in trainings area. Many years actively are working with youth NGO's. Initiating and leading local and international projects, seminars, training courses, conferences and ect. Applying Non-formal education principles in daily work. Expert on KA1(youth exchanges, EVS, Youth workers mobility), youth with fewer opportunities, youth in crisis, social exclusion, dissemination and exploitation of results, art and sport, themes. Likes to try and use different, creative, attractive working methods in her work.

Responsibilities in EVS in Creativitas: administration of documents, agreements, application forms, final reports, distribution of budget, EVS team management, projects information dissemination in media, preparation of documents for Visa, invitations and ect., communication with SO, HO, NA on formal topics of the EVS projects and ect.

#### Contact me

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## Vilma

She is project manager, trainer, councilor of Erasmus + youth program, accreditor on hosting EVS organizations. Works on non-formal education national and international projects since 2004.

Expert on KA1(youth exchanges, EVS, Youth workers mobility), KA2 (international youth initiatives) youth with fewer opportunities (physical and mental disabilities), youth from periphery, sport in youth non-formal education themes. Likes to learn by trying.



Responsibilities in EVS in Creativitas: technical arrangements (accommodation, local transport, medical assistance; Lithuanian language courses; permits of temporary residence, opening of bank accounts, counselling of hosting organizations); person for urgent matters.

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## Merūnas

More than 3 years work as Municipality coordinator of Youth Affairs, in Biržai, Councilor of Erasmus + youth program, accreditor on hosting EVS organizations. Works on non-formal education national and international projects since 2006.

Taking part in activities in youth organizations, applying for the different projects, organizing and managing them, more than 10 years. I love sport: tennis, basketball, where I am judge, I adore sauna, volunteering and communication with different people, sometime even find time to do beekeeping. Motto: "Be the change which you want to see", "Do not worry on trifles". Willing to introduce Biržai, its history and nature. In Creativitas responsible for local social networks, mentoring (Biržai regional park volunteers).

#### Contact me

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## **Rokas**

Youth worker at Open youth space. Applying Non-formal education principles in daily work.

Responsible in Creativitas for volunteers local social networks, integration into local community, assistance in getting to know the town and district. He will introduce volunteers Biržai, local youth, important places - shops, hospital, police, post, free internet cafes and ect. Also, will invite to take part in Biržai events, activities and festivals.



#### Contact me

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## www.creativitas.lt

https://www.facebook.com/ VsiCreativitas/

https://www.facebook.com/groups/1583232325250765/

Creativitas facebook group

EVS volunteers in Biržai Facebook group

#### **About Creativitas**

NGO Creativitas main aim is to create a space for qualitative and creative education and learning practices and to encourage one's experimentation in personal expression and development, as well as to contribute to development of organizations. Organization was founded by two enthusiastic youth workers, trainers and friends Agnė Rapalaitė and Alina Bechterevė.

"Creativitas" objectives are to develop social and personal children, youth, adult competences by organizing local and international projects, camps, training courses, conferences, seminars, consultations, lectures and other educational activities, based on non-formal education principles and practices.

Creativitas does: trainings, courses, conferences, seminars, lectures and other educational activities based on non-formal education principles and approaches for kids, youth and adults. Also, sending Lithuanian volunteers and coordinating foreign volunteers in Erasmus + youth programme.



## Information on allowance

Information on allowance	Euros
Monthly food allowance	110.00
Visa costs (partner countries)	250.00
Pocket money per month	
Trip costs for Portugal	360.00
Trip costs for Romania	275.00
Trip costs for Russia	275.00

## Living conditions

All volunteers will live in the apartments and share rooms (2 persons per room). Flats are located 1 km from the town center. (Red circle - volunteers flats, blue circle - town center).



In flats will be shared equipped kitchen, WC, shower, balcony. Volunteers will not need to use local transport, everything is close in Biržai.

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## **Trainings**

- 1. In the begging of EVS volunteers will attend trainings organized by Coordinating organization (to understand place, surrounding, purpose of volunteering, to get to know each other, understand support system and ect.)
- 2. Volunteers will participate in the trainings organized by National Agency (on arrival, midterm)
- 3. Attend Lithuanian language courses (40 hours) organized by Coordinating organization.

#### Insurance

EU citizens should have **European Health Insurance Card, which** will cover part of expenses at the time of treatment.

Sending organization will arrange your Cigna insurance which will cover the remaining expenses. In case you are not eligible for a European Health Insurance Card or the card is not accepted by the health care provider, your Cigna insurance will cover you for all your expenses.

## **EVS** project

#### The beginning of activities is planned October 12-13th 2016.

EVS project last 360days (+2travel days).

EVS volunteers in the project will be from:

- 1. Portugal
- 2. Romania
- 3. Russia

#### Weather in Lithuania

Temperate climate, but with considerable temperature variations. Summer is warm (+20 up to 26 C) with relatively mild weather in spring and autumn. Winter, which lasts from November to mid-March, can be very cold (-10 up to -20 (not so often)). Rainfall is distributed throughout the year with the heaviest rainfall in August. Heavy snowfalls are common in the winter months. Be ready for gray days during the Winter.

## 3 Hosting organizations

- 1. Children day care center "Help center"
- 2. Orphanage "Vaiko užuovėja"
- 3. Biržai library



## **Children Day Care Centre "Help Center"**



Public Enterprise "Pagalbos centras" (Help center) is open for everyone in need Daily we take care for more than 100 children and young people from social risk families in our 3 children day care centers. Also we work with large families in the region. Our priority group - children and young people, as we see big value in helping them to mature in healthy and supporting environment, because when they become adults, they do not need social services (or need less help from society).

Volunteer will work in one of day care centers in Biržai town. The centre is attended 30 children every day. The most intensive acrivities take place during holidays in all seasons. In the centre we have kichen and didning room, computer class, playing room and space for meeetings and homeworks. Children spend 4-5 hours in the centre per day - they make meals together, do homeworks, play inside and outside, organize traditional events, communicate with specialists (social teachers, workers, psycologists). In the camps during school holidays children spend 8-10 hours at the centre or leave the town for 5 days. In the camps children play, do sports and crafts, meet variuos famous people. These children do not have possibilities to travel in Lithuania or abroad, so volunteer is expected to help findinding out about another country and culture, develop foreign language skills and get motivation to learn tolerance, cooperation. Along with this the voluntter will have space to develop professional and personal competencies.





## Volunteer responsibilities in the project:

#### Help in social skills education

- Pottery
- Weave
- Singing
- Drama
- Needlework
- Cooking national dishes
- Presenting his/her country, traditions.
- Movie evenings

#### Help in additional learning

- Homework
- Computer literacy

#### Healthy lifestyle education

- Sports
- Dancing
- Hiking
- Camps
- Picnics

#### Help in Communication

- Collaboration
- Excursions
- Other events

#### Activities initiated by volunteer are more than welcome!

Mentor will be appointed by hosting organization. He/she will be responsible for reflection meetings, learning plan and Youthpass.

#### Contact us:

#### Director Regina Židonienė

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# BIRŽAI LIBRARY



Biržai public library aims to become the inovative and modern culture institution raising lifelong learning and a comfortable space for self-expression for the various social groups.

Library users are children (4-16), youth (16-18) and adults, of which a significant are seniors. The structure of the library consists of the following divisions: Administration, Accounting, Readers' Service Department, Information Department with reading room (contains computers too), Document department and Child Service Department. Staff consists of 29 members. There are also 26 village libraries which work as separated branches, but are ruled by the same administration. Activities of the volunteers are foreseen at head office and later on in some of the branch departments (depending on the communication and Lithuanian language skills of volunteers).

Library works not only at information field. It organizes cultural events such as meetings with writers, books presentation and also takes part in cultural projects' activities. Local young volunteers from Biržai often assist in different library's activities, so expected great collaboration in sharing and spreading of good practice.



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### Volunteer responsibilities in the project:

Working in the library is associated with a range of information resources and cultural and educational activities. Volunteers will get acquainted with the specifics of library units.

- During the adaptation period they will do current activities (books preparation, customer service, information, development of questionnaires, sections and monitoring);
- In structural subdivision (rural library) volunteers will organize day camps for rural children / youth;
- Mostly volunteering is associated with searching for new ideas to stay attactive for visitors (presentation, proposals and implementation);
- As well as cultural events and educational activities and organizing English (or volunteer's native) language courses.
- Volunteer will organize presentations of his/her country, language, culture, literature, libraries and ect. for visitors, especially young people and children.

Mentor will be appointed by hosting organization. He/she will be responsible for reflection meetings, learning plan and Yothpass.

Contact us Director Vilmantė Vorienė www.birzai.rvb.lt

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# NGO "Vaiko užuovėja"



Non profit, public body organization. The main aim of organization to take care of orphanage. At the moment in hose live 23 kids, from 4 months to 18 years. They have three groups for smallest, middle age and the oldest. 18 workers are working in the organization: director, social workers, technical stuff, psychologist and ect. They have living rooms, 2-3 kids in each, 3 kitchens, playing space, meeting hall, library, computers room and ect. Also, there is enough space for activities outside: yard, paying ground for football and basketball, garden where they are growing some vegetables.





#### Possible activities:

- help in taking care of smallest children: feeding, playing with them, reading tales, making body massage or exercises.
- Helping middle age, 7-12years old, kids to prepare home works, to teach English language, to organize events and leisure time activities for them and together with them.
- Helping for most old children leisure time, teach English language, present volunteers culture and country.
- Further more organize hikes or events for or with kids in and out orphanage.

Organization has previous experience of 4 EVS volunteers, who were doing and still are long, term EVS. Organization is educated and now about programme philosophy and learning process of volunteer. Stuff of organization is prepared and understands what is the purpose of volunteers in organization and willing them to help to learn, work with volunteers learning skills.

#### 2 long term (12months) volunteers from 2016 October and 2017 January

Mentor will be appointed by hosting organization. He/she will be responsible for reflection meetings, learning plan and Youthpass.

#### Contact us

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